



# NURSING @ MANDELA

## A WORD FROM OUR HODS

*Written by Dr N Radana & Prof S Jardien-Baboo*

Spring is in the air! A new season has dawned, signifying rebirth, rejuvenation and growth. We find ourselves in an altered world - impacting on all of humanity, socially, economically, psychologically, physically and spiritually. Yet despite all these challenges, the human spirit is indomitable. The first semester is completed, and we started the second semester on the 17th of August. Pat yourselves on the back, you have worked hard with resilience, with diligence and with courage, to strive to complete the learning and teaching in the first semester. We know that many of you have been ill and that you have suffered losses and yet you tried your best to continue. These are the markings of a true nurse. However, a word of caution - take care of yourselves, you are the future of our profession and nurses form the largest component of professionals in the healthcare system. Above all when you feel you cannot cope, seek help. We have plenty of resources in the institution (see section on student news).



We are proud of you; we will walk this journey with you.

Take care and all the best  
 Dr Nolundi Radana & Prof Sihaam Jardien-Baboo

## WHAT'S INSIDE THIS SEMESTER'S ISSUE:

*Pledge of Service  
 Reasons to be proud  
 Student News*

# REASONS TO BE PROUD

## PLEDGE OF SERVICE



The ongoing events of the COVID-19 pandemic has changed but not prevented us from hosting a Pledge of Service event for the 2020 Bachelor of Nursing students who graduated. The Department of Nursing Science embraced the opportunity of hosting a virtual event for our students so that we could congratulate them on their achievement.

The Virtual Pledge of Service premiered on YouTube on 29 March 2021 at 18:00 PM, all our 2020 4th year graduates were invited to watch the proceedings virtually with their friends and family. Practice partners who had worked with our students throughout the years had also been invited, as well as stakeholders in the University, and judging by the comments and the number of attendees, one can safely say that the event was a huge success.

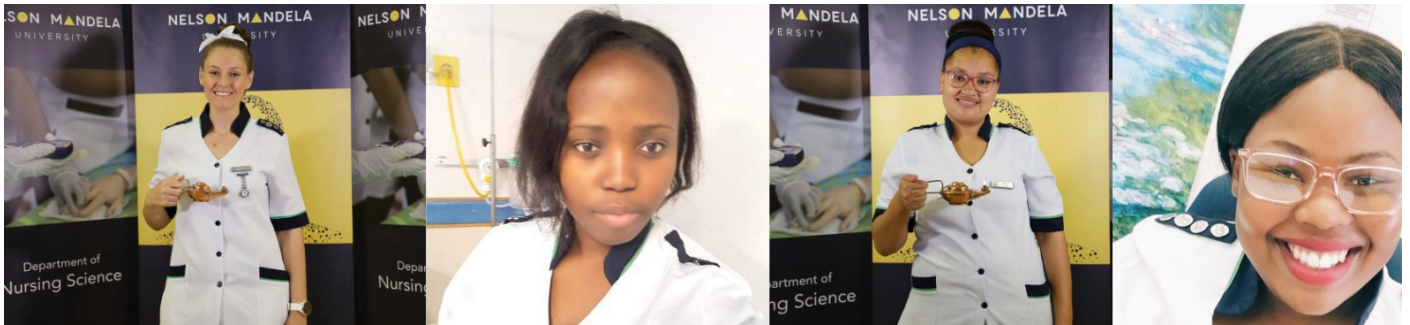
It has been a first of many great virtual events for the Department of Nursing Science.



We would like to thank and send our congratulations to the graduates of 2020, here's to the next step! Wishing you a successful journey in your Nursing profession and trusting all core values instilled in you as a professional nurse will continue to shine. **We are so proud of you!**

# REASONS TO BE PROUD

A SPECIAL CONGRATULATIONS TO THE AWARD WINNERS OF THE VIRTUAL PLEDGE



Ms Ilse Scholtz

Ms Tsebo Taunyane

Ms Kervinisha King

Ms Sanelisiwe Mpumlo

## AWARDS

### 1. OH Muller Floating Trophy

This award is presented to the student who has achieved the best overall results in Community Nursing Science throughout the four years of study for the degree Bachelor of Nursing.

- Ms Ilse Scholtz

### 2. WJ Kotze Floating Trophy

This award is presented to the student who has achieved the best overall results in General Nursing Science throughout the four years of study for the degree Bachelor of Nursing.

-Ms Kervinisha King

### 3. Nestle Midwifery Floating Trophy

This award is presented to the student who has achieved the best overall results in Midwifery throughout the four years of study for the degree Bachelor of Nursing.

- Ms Ilse Scholtz

### 4. Roche Floating Trophy

This award is presented to the student who has achieved the best overall results in Psychiatric Nursing Science throughout the four years of study for the degree Bachelor of Nursing.

- Ms Ilse Scholtz

### 5. Mary Mellish - Johnson and Johnson Floating Trophy

This award is presented to the student who achieved the highest overall academic results throughout the four years of study for the degree Bachelor of Nursing.

- Ms Ilse Scholtz

### 6. Academic Growth Floating Trophy

This award is presented to the student who demonstrated consistent academic improvement throughout the four years of study for the degree Bachelor of Nursing.

- Ms Tsebo Taunyane

### 7. ICI Leadership Award

This award is presented to the student who showed the highest degree of leadership throughout the four years of study for the degree Bachelor of Nursing.

- Ms Sanelisiwe Mpumlo



## CONGRATULATIONS

### Virtual Pledge of Service Award Winner - Ms Scholtz

We would like to give a special congratulations to Ms Scholtz who was our biggest award winner for her academic achievements. Ms Scholtz amazingly won 4 of the 7 awards which were presented.

# SPECIAL ANNOUNCEMENTS



## A WARM WELCOME TO OUR NEW Executive Dean of the Faculty of Health Sciences

Professor Zukiswa Zingela

Nelson Mandela University welcomes Professor Zukiswa Zingela as the new Executive Dean of Health Sciences.

Prof Zingela is an experienced healthcare practitioner and scholar with international experience and is part of a collaborative scholarly network in Africa and elsewhere.

Prof Zingela has been a medical doctor since 1995 and qualified as a psychiatrist in 2002. She has worked in both the public and private sectors in South Africa and in the United Kingdom.

The Department of Nursing Science welcomes professor Zingela and we look forward to working with her under her leadership.

## A TOKEN OF GRATITUDE TO OUR DEPUTY DEAN

Professor Dalena Van Rooyen

In August 2020, the Faculty of Health Sciences suffered a sad loss, with the passing of Professor Lungile Pepeta, the Executive Dean of the Faculty.

In the midst of the turbulent events which were unfolding, Professor Dalena Van Rooyen took the helm and "steered the ship". Professor Van Rooyen had been the Head of Department of Nursing Science for many years and became the Director of the School of Clinical Care Science in 2013, where after she became the Deputy Dean of the Faculty.

We are proud that she is an ambassador for our profession, and we thank her for demonstrating courage, leadership and professionalism during such challenging times.



## Meet our Director of the School of Clinical Care & Medicinal Sciences

Professor Ilse Truter

Professor Ilse Truter is our Schools Director as she heads five departments within the Faculty of Health Sciences, namely Nursing Sciences, Emergency Medical Care, Medical Laboratory Sciences, Pharmacy, and Radiography.

As a department its an honour and privilege working with Professor Ilse Truter.



# WELL WISHES

## TO OUR STAFF MEMBERS



### MS A MLATSHA

We would like to send our well wishes to Ms Ayanda Mlatsha, she has been with the department for over 8 years, her love for her students has given her a new venture in the faculty and we wish her well.



### MR L MTSHISELWA

We would like bid farewell and thank Mr Luvuyo Mtshiselwa who has been part of our lab team in the department for the past 2 years.



# WELCOME

## TO OUR NEW STAFF MEMBERS



### MS S MNWANA

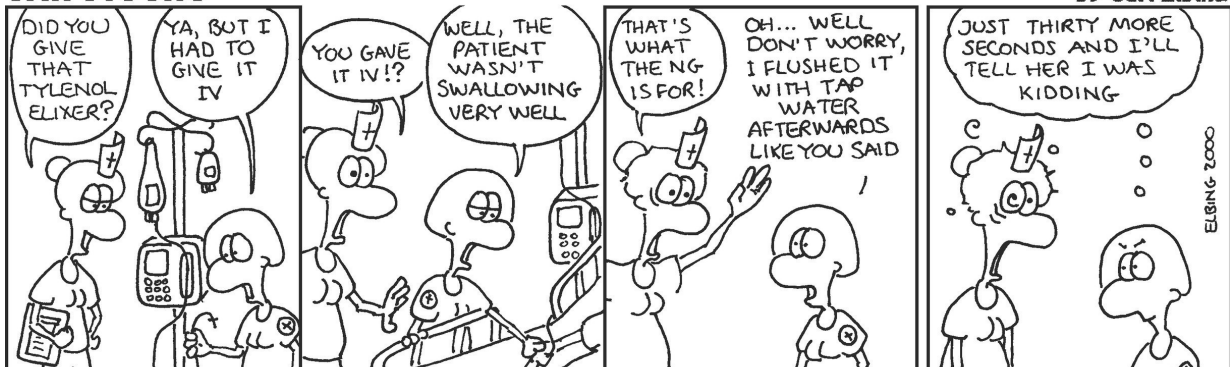
We would like to extend a warm welcome to Ms Sindiwe Mswana, who is the Primary Coordinator of the first year Bachelor of Nursing programme



### MR U RITCHES

We would like to welcome Mr Ubaidullah Ritches to the department, who will be joining and assisting the Lab Team.

## Nurstoons



www.nurstoons.com

# STUDENT NEWS

## Counselling and academic support services

### Student counselling service

Student Wellness Services are available Monday-Friday, (08:00-16:30) excluding public holidays. Please note that due to Covid-19, counselling is available via electronic means.

Student to please complete the Request for Counselling form via the following link: <https://emthonjeni.mandela.ac.za/Request-for-Counselling-Nelson-Mandela-University>



## Academic Support

Please note that the following academic support service is available to all students – each student will be put in touch with a success coach to assist with academic challenges: To contact a Success Couch, student to please email: [LearningDevCoaching@mandela.ac.za](mailto:LearningDevCoaching@mandela.ac.za)

For emergencies during evenings, weekends, and public holidays, please contact:

- Higher Health 24-hour Tollfree Mental Health Helpline 0800 36 36 36 or SMS 43336
- Suicide Emergency Lines: 0800 21 22 23 (08:00-20:00) / 0800 12 13 14 (20:00-08:00) / 0800 567 567 or sms 31393
- Substance Abuse 0800 12 13 14 or SMS 32312
- Cipla 24hr Mental Health Helpline 0800 456 789
- Gender-based Violence Support 0800 428 428 or SMS for call back \*120\*7867# Life Line: 0861 322 322 (Counselling available 24/7) or [www.lifelinesa.co.za](http://www.lifelinesa.co.za)



## SANC UPDATE

Congratulations to all our 2020 graduates on their successful registration as community service nurses with the SANC. We wish them well in their professional journey

## NOTICE

A kind reminder to all nursing practitioners to pay their annual fees on or before 31 December 2021 to avoid penalty fees. The annual fees for the calendar year 2022 for different categories of practitioners are due on or before 31 December 2021. The full SANC Circular and Government Gazette on annual fees can be accessed on [www.sanc.co.za](http://www.sanc.co.za), click on PUBLICATIONS and then on SANC CIRCULARS on the drop-down menu.

GOOD NEWS!! There is no increase in fees for 2022. The 2022 fees are set out below:

### NORMAL FEES

CATEGORY	ANNUAL FEE FOR 2022
Registered Nurses and Midwives	R700.00
Enrolled Nurses and Midwives	R418.00
Enrolled Nursing Auxiliaries	R293.00



**South African Nursing Council**  
Regulating nursing, advocating for the public

### DISCOUNTED ANNUAL FEES FOR AGE 60 AND OVER

Nurse practitioners who will be 60 to 64 years of age on 1 January 2022 will qualify for 25% reduction as per the table below:

CATEGORY	ANNUAL FEE FOR 2022
Registered Nurses and Midwives	R525.00
Enrolled Nurses and Midwives	R314.00
Enrolled Nursing Auxiliaries	R220.00

# GOOD DEEDS

THROUGHOUT THE YEAR WE HAVE RECEIVED POSITIVE FEEDBACK FROM VARIOUS PRIVATE AND PUBLIC HEALTH CARE SERVICES



We would like to congratulate our third year Bachelor of Nursing students placed at Life St George's Hospital, Ms Lynique Jantjies, Ms Caitlyn Bowers, and Ms Sindolene Brierley.

They received positive feedback from the Life St George's Hospital staff. They impressed the Day Theatre staff with their behavior, professionalism, eagerness to learn, and adapting to the foreign environment. It was mentioned that they are always on time, always asking if there is anything more they can do to assist both staff and patients.

We would like to say, well done to our diligent Nursing students who continue to show their hard work and love for the profession. Thank you for always going above and beyond your duties to care for others.



We would like to also congratulate Mr Lindsay Klerk (Park Centre Clinic), and Mr Judah Ruiters (Netcare Greenacres Hospital) who have received positive feedback from their respective Hospital staff who have commended their diligent work attitude, self-discipline, commitment to patients who are in their care, and for always making use of opportunities to practice their clinical skills.

## Nurstoons

by Carl Elbing



www.nurstoons.com

# Heritage Month

NELSON MANDELA  
UNIVERSITY



## IT'S COMPETITION TIME!

HOW TO ENTER

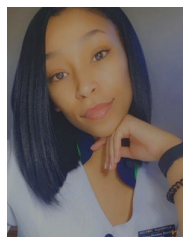
1. FIRST LIKE AND SAVE OUR FACEBOOK PAGE - NURSING SCIENCE: NELSON MANDELA UNIVERSITY
2. TAG US & POST A PICTURE OF YOUR HERITAGE AND CULTURAL LOOK WITH THE HASHTAG #NURSING@NELSON #HERITAGEDAY
3. TAG 3 FRIENDS ON OUR ORIGINAL HERITAGE DAY POST WHO YOU WOULD LIKE TO SHARE THE HAMPER WITH
4. LASTLY, COMMENT #NURSING@NELSON



## VACCINE ROLL OUT VOLUNTEERS

We would like to thank the third and fourth year student nurses for their commitment to serve and completing the vaccination roll out training programme:

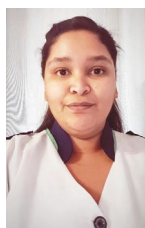
Ms Sindolene Brieley



Ms Segauswi Morena



Ms Lauren Bough



Ms Mashalane Mapoko



Ms Maria Thema



Ms Princess Mamba



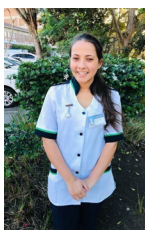
Mr Arioga Sunday



Ms Anelisa Sikhagungana



Ms Caitlyn Bowers



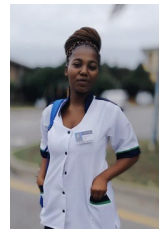
Ms Bhadkazi File



Ms Nolitha Gatyeni



Ms Nomcebo Hlambo



Ms Nezisa Liwane



Ms Nozipho Lukhele



Ms Limpho Lukhele



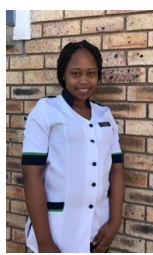
Ms Phumla Khoalane



Ms Nondumiso Mzozoyane



Ms Mannono Sprenkane



Ms Megan Clarke



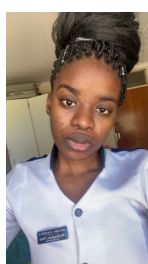
Ms Fuzile Kamva



Ms Nhulani Baloyi



Ms Phuti Mashangoane



Other students who have also completed the training:

- Ms Malenake Mashifane
- Ms Mzozoyane Bridget Mensah
- Ms Tshipuliso Marindili
- Ms Bryn Rogers
- Ms Yolandi Mdingi
- Mr Abdulla Mohammed
- Ms Tarryn Minnie





# The Final Stretch

Students across all year levels continued with their simulation training in the Clinical Labs - with all COVID-19 protocols being abided.



Mr G. Van Niekerk



Ms F. Magagula and Ms V. King with their Clinical Preceptor Mrs E Fischer



Ms A. Tsafu



Ms A. Tsafu and Mr G. Van Niekerk



Dr A.H Du Plessis



Ms L.V Swanepoel, Ms N. Olwagen and Ms A. Mocke with their Lecturer Dr A.H Du Plessis

# Spring Fever

Colleagues within the department welcomed Spring with big smiles as we embraced the blooming of fresh flowers and it's the season that reminds us how change isn't always a bad thing and its the hope that brings forth light after darkness. We are a few months closer to the end of the academic year and we would like to encourage and motivate all, that it's your time to Bloom!



Mrs D. Botha



Mrs M. Kramer



Prof S. Jardien-Baboo



Dr A.H Du Plessis



Mrs C. Du Plessis



Mr T. Mothibeli



Mrs E. Smith

# Meet our Nursing Science Team

## First Year Team



Mrs S. Mswana



Ms J. De Vega



Ms C. Wittenchinsky

## Second Year Team



Mrs K. Gerber



Mrs J. Blatti



Mrs N. Mlungu

## Third Year Team



Mrs B. Adams



Mrs M. Kramer



Dr N. Radana

## Fourth Year Team



Dr A.H Du Plessis



Ms C. Muller

## Research coordinator



Dr D. Morton

Director of Research/

Doctor of Nursing Research Promoter

Clinical Coordinator

SANC Office

Finance Officer



Prof J. Naidoo



Ms ASF. Du Plessis



Ms S. Koyo



Mrs D. Botha

## Clinical Lab Team



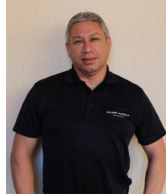
Mrs E. Smith



Mrs C. Du Plessis

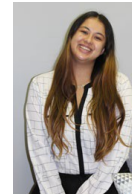


Ms L. Futshane



Mr U. Ritches

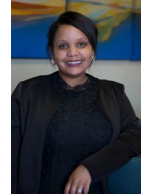
## Admin Team



Ms K. Deyzel



Mr K. Makwela



Mrs C. Campbell

## Post Graduate Team



**Critical Care:**  
Ms C. Bowers



**Midwifery:**  
Dr N. Rall



**Nephrology:**  
Mrs B. Adams



**Primary Health Care:**  
Mrs M. Kramer



**Psychiatric Nursing:**  
Dr L. Smith

# CORE VALUES OF THE DEPARTMENT OF NURSING SCIENCE

The core values of the Department of Nursing Science, in line with the values of the Nelson Mandela University, are the beliefs that describe, define and direct our work and are grounded in the development of a professional nurse and nurse specialist, who embrace clinical and scholarly excellence.

**Our core values are:**

## **Caring**

Caring is the essence of humanity and the basic constitutive phenomena of the human experience. Caring encompasses the interest, concern, compassion and kindness we demonstrate for our students, colleagues and the community. Caring can be further defined as facilitating the teaching-learning process, advocating for the needs of others and mentoring our students and novice colleagues.

## **CULTIVATING EXCELLENCE**

We believe in encouraging, collaborating and sharing knowledge and experience among colleagues and students in developing and implementing innovations for the advancement of nursing education, practice and research. We believe that it is important to encourage and develop leadership, creativity and scholarship; therefore, we nurture potential, challenge the intellect, foster creativity and commit to continued personal and professional growth and development.

## **INTEGRITY**

We believe that our actions must be based on an internally consistent framework of principles such as honesty, fairness, truthfulness and trustworthiness, while holding ourselves to the highest standards of professional and ethical conduct.

## **RESPECT**

We believe that all human beings possess inherent worth and deserve unconditional respect and therefore, we: (a) acknowledge the values of others by treating them with respect, (b) exemplify good human relations skills such as courteousness, consideration and responsiveness to others, (c) act in a dignified professional manner and (d) listen to others carefully and ask for clarification when necessary.

## **DIVERSITY**

We believe in creating an environment of inclusiveness where individual, intellectual and social diversity are valued because we are responsible for developing the potential of every individual of our diverse community.

## **PROFESSIONALISM**

Professionalism is the essence of the Department of Nursing Science and it creates a climate to encourage personal development of accountability, responsibility, dependability and commitment through collaboration, co-operation and mentoring.

## **ALTRUISM**

We believe that nurses put the welfare of their patients first and are ethically required to take care of patients sometimes risking their own safety and health.

# CONTACT DETAILS OF THE NEWSLETTER TEAM

Prof Sihaam Jardien-Baboo  
Sihaam.Jardien-Baboo@mandela.ac.za

Kabelo Makwela  
kabelom@mandela.ac.za

Kayla Deyzel  
kayla.deyzel@mandela.ac.za

Dr David Morton  
David.Morton@mandela.ac.za



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